

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Monique Havenga

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

**TIME** 01:36:30

**PACE** 12:03/km

**OVERALL** 109 of 166

**GENDER** 48 of 88

**OPEN** 32 of 51

23 June 2019, Sun

Date

